

# Nursing Assistant Certification (NAC)

**Abbreviation of Certification:** NAC

**Fee charged for the exam:** (Study Material Include

Nursing assistance help patients with activities of daily living like eating and bathing, provide basic care for patients in hospitals and residents of long-term care facilities, such as nursing homes.

## Duties

Nursing assistants, sometimes called nursing aides, provide basic care and help with activities of daily living. They typically do the following:

- Clean and bathe patients or residents
- Help patients use the toilet and dress
- Serve meals and help patients eat
- Turn, reposition, and transfer patients between beds and wheelchairs
- Measure patients' vital signs, such as blood pressure and temperature
- Listen to and record patients' health concerns and report that information to nurses

Some nursing assistants may also dispense medication, depending on their training level and the state in which they work.

In nursing homes, assistants are often the principal caregivers. They have more contact with residents than other members of the staff. Because some residents stay in a nursing home for months or years, assistants may develop close relationships with their patients.

## The test is comprised of 149 questions

The breakdown is as follows: The breakdown is as follows:

- Law & Ethics, Medical Term, OSHA & Infection Control, Pharmacology, anatomy & physiology, Medical Office/Patient Care
- Allotted time for examinees is 3 hours.

## Exam Statistics

Important: AMCA's Nursing Assistant Certification (NAC) should not be confused with a Certified Nursing Assistant (CNA). AMCA's NAC certification is governed by the AMCA Certification Board. CNA credentials are issued by the state, governed by state boards, and